## **ICMJE DISCLOSURE FORM**

Please save/export the filled in form as PDF before submitting it to Ugeskrift for Læger or Danish Medical Journal.

| Date: 13. marts 2023  |  |  |  |  |  |  |
|---|--|--|--|--|--|--|
| Your name: Arne Astrup, Mads Fiil Hjorth, Alexandra Søgaard Helbo |  |  |  |  |  |  |
| Manuscript title:   | Prevention and treatment of obesity in a lifetime perspective – a review article |  |  |  |  |  |
| Manuscript number (if known): UFL-03-23-0164                      |  |  |  |  |  |  |

In the interest of transparency, we ask you to disclose all relationships/activities/interests listed below that are related to the content of your manuscript. "Related" means any relation with for-profit or not-for-profit third parties whose interests may be affected by the content of the manuscript. Disclosure represents a commitment to transparency and does not necessarily indicate a bias. If you are in doubt about whether to list a relationship/activity/interest, it is preferable that you do so.

The following questions apply to the author's relationships/activities/interests as they relate to the <u>current</u> <u>manuscript only</u>.

The author's relationships/activities/interests should be <u>defined broadly</u>. For example, if your manuscript pertains to the epidemiology of hypertension, you should declare all relationships with manufacturers of antihypertensive medication, even if that medication is not mentioned in the manuscript.

In item #1 below, report all support for the work reported in this manuscript without time limit. For all other items, the time frame for disclosure is the past 36 months.

| Tim | e frame: Since the initial plar | Name all entities with<br>whom you have this<br>relationship or indicate<br>none (add rows as<br>needed)<br>pping of the work | Specifications/Comments<br>(e.g., if payments were made to you or to your<br>institution) |
|-----|---------------------------------|---|---|
| 1   | All support for the present     | <u> </u>  |   |
|     |                                 | ⊠ None  | I   |
|     | manuscript (e.g., funding,      |   |   |
|     | provision of study              |   |   |
|     | materials, medical writing,     |   |   |
|     | article processing charges,     |   |   |
|     | etc.)                           |   |   |
|     | No time limit for this item.    |   |   |
|     |                                 |   |   |
|     |                                 |   |   |

Click TAB in last row to add extra rows

## Time frame: past 36 months

| 2 | Grants or contracts from<br>any entity (if not indicated<br>in item #1 above). | ⊠ None                                |             |  |  |  |  |
|---|--|---------------------------------------|-------------|--|--|--|--|
|   |  |                                       |             |  |  |  |  |
|   |  |                                       |             |  |  |  |  |
|   |  |                                       |             |  |  |  |  |
| 3 | Royalties or licenses  | □ None                                |             |  |  |  |  |
|   |  | Co-founder, co-owner and member of    | Arne Astrup |  |  |  |  |
|   |  | board of the University of Copenhagen |             |  |  |  |  |
|   |  | spin out company Flaxslim ApS         |             |  |  |  |  |
|   |  |                                       |             |  |  |  |  |

| 4  | Consulting fees  | ⊠ None  |  |  |
|----|--|---|--|--|
|    |  |   |  |  |
| 5  | Payment or honoraria for<br>lectures, presentations,<br>speakers bureaus,<br>manuscript writing or<br>educational events | ☑ None  |  |  |
| 6  | Payment for expert testimony   | ⊠ None  |  |  |
| 7  | Support for attending meetings and/or travel   | ⊠ None  |  |  |
| 8  | Patents planned, issued or pending   | □ None<br>Co-inventor of patents owned by the<br>University of Copenhagen, in accordance with<br>Danish Law   | Arne Astrup, Mads Fiil Hjorth                            |  |
| 9  | Participation on a Data<br>Safety Monitoring Board<br>or Advisory Board  | ⊠ None  |  |  |
| 10 | Leadership or fiduciary<br>role in other board,<br>society, committee or<br>advocacy group, paid or<br>unpaid            | <ul> <li>□ None</li> <li>Board of directors, Center for Sundt liv og<br/>Trivsel</li> <li>Chairman of Scientific Advisory Board, RNCP,<br/>Groupe Éthique et Santé, FR</li> <li>International Egg Commission/Danske Æg,<br/>Expert Group</li> <li>Gleen Leaf Medical, Sweden</li> </ul> | Arne Astrup<br>Arne Astrup<br>Arne Astrup<br>Arne Astrup |  |
| 11 | Stock or stock options   | ⊠ None  |  |  |
| 12 | Receipt of equipment,<br>materials, drugs, medical<br>writing, gifts or other<br>services                                | ⊠ None  |  |  |
| 13 | Other financial or non-<br>financial interests   | NoneRecipient of honoraria as Associate Editor,<br>American Journal of Clinical Nutrition 2011Arne Astrup   |  |  |

## Please place an "X" next to the following statement to indicate your agreement:

 $\boxtimes$  I certify that I have answered every question and have not altered the wording of any of the questions on this form.

## IMPORTANT for Ugeskrift for Læger & Danish Medical Journal

Please save/export **the filled in form as PDF before submitting** it to Ugeskrift for Læger or Danish Medical Journal.