ICMJE DISCLOSURE FORM

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Date: 5. juni 2026

Your name: Charlotte Suetta

Manuscript title: Nu er det de ældres tur

Manuscript number (if known):

In the interest of transparency, we ask you to disclose all relationships/activities/interests listed below that are related to the content of your manuscript. "Related" means any relation with for-profit or not-for-profit third parties whose interests may be affected by the content of the manuscript. Disclosure represents a commitment to transparency and does not necessarily indicate a bias. If you are in doubt about whether to list a relationship/activity/interest, it is preferable that you do so.

The following questions apply to the author's relationships/activities/interests as they relate to the current manuscript only.

The author's relationships/activities/interests should be defined broadly. For example, if your manuscript pertains to the epidemiology of hypertension, you should declare all relationships with manufacturers of antihypertensive medication, even if that medication is not mentioned in the manuscript.

In item #1 below, report all support for the work reported in this manuscript without time limit. For all other items, the time frame for disclosure is the past 36 months.

		Name all entities with whom you have this relationship or indicate none (add rows as needed)	**Specifications/Comments (e.g., if payments were made to you or to your institution)**
Time frame: Since the initial planning of the work			
1	All support for the present manuscript (e.g., funding, provision of study materials, medical writing, article processing charges, etc.) **No time limit for this item.**	☒ **None**	

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Time frame: past 36 months

2	Grants or contracts from any entity (if not indicated in item #1 above).	☒ **None**	

3	Royalties or licenses	☒ **None**	

4	Consulting fees	☒ **None**	
5	Payment or honoraria for lectures, presentations, speakers bureaus, manuscript writing or educational events	☒ **None**	
6	Payment for expert testimony	☒ **None**	
7	Support for attending meetings and/or travel	☒ **None**	
8	Patents planned, issued or pending	☒ **None**	
9	Participation on a Data Safety Monitoring Board or Advisory Board	☒ **None**	
10	Leadership or fiduciary role in other board, society, committee or advocacy group, paid or unpaid	☒ **None**	
11	Stock or stock options	☒ **None**	
12	Receipt of equipment, materials, drugs, medical writing, gifts or other services	☒ **None**	
13	Other financial or non-financial interests	☒ **None**	

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Date: 23. juni 2026

Your name: Anne Holm

Manuscript title: Nu er det de ældres tur

Manuscript number (if known):

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Time frame: past 36 months

2	Grants or contracts from any entity (if not indicated in item #1 above).	☐ **None**	
			AH is holding a grant for research from the Novo Nordic Foundation

3	Royalties or licenses	☒ **None**	

4	Consulting fees	☒ **None**	
5	Payment or honoraria for lectures, presentations, speakers bureaus, manuscript writing or educational events	☒ **None**	
6	Payment for expert testimony	☒ **None**	
7	Support for attending meetings and/or travel	☒ **None**	
8	Patents planned, issued or pending	☒ **None**	
9	Participation on a Data Safety Monitoring Board or Advisory Board	☒ **None**	
10	Leadership or fiduciary role in other board, society, committee or advocacy group, paid or unpaid	☒ **None**	
11	Stock or stock options	☒ **None**	
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13	Other financial or non-financial interests	☒ **None**	

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Date: 23. juni 2026

Your name: Jørn Wulff Helge

Manuscript title: Nu er det de ældres tur

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Time frame: past 36 months

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Date: 23. Juni 2026

Your Name: Morten Scheibye-Knudsen

Manuscript Title: Nu er det de ældres tur

Manuscript Number (if known): Click or tap here to enter text.

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		Melsen Fonden	Institution grant
		NNF, Hallas Møller Ascending Investigator	Institution grant
		The Danish Cancer Society	Institution grant Click the tab key to add additional rows.
Time frame: past 36 months			
2	Grants or contracts from any entity (if not indicated in item #1 above).	☒ **None**	
3	Royalties or licenses	☒ **None**	

		Name all entities with whom you have this relationship or indicate none (add rows as needed)	Specifications/Comments (e.g., if payments were made to you or to your institution)
4	Consulting fees	☐ **None**	
		Healthy Longevity Clinic	Personal payment
		MSK consulting	Personal payment
		Frontiers in Aging	Personal payment
5	Payment or honoraria for lectures, presentations, speakers bureaus, manuscript writing or educational events	☐ **None**	
		Novo Nordisk	Personal payment
		Best seller	Personal payment
		Bloom festival	Personal payment
6	Payment for expert testimony	☒ **None**	
7	Support for attending meetings and/or travel	☐ **None**	

All talks below have been supported via payment to my institution.

2026 Nordic Aging Society meeting, Helsinki, Finland
2026 National Longevity Medicine Conference, Sofia, Bulgaria
2026 Alliance for Healthy Aging, Cologne, Germany
2026 European Federation for Aging Research symposium, Cologne, Germany
2026 Cell Symposia: Hallmarks of Aging, Sevilla, Spain
2026 13th ARDD, Boston, USA
2026 4th UK-China-Norway meeting, Oslo, Norway
2026 Longevity Summit Dublin, Dublin, Ireland
2026 Dutch Translational Metabolism Conference, Wageningen, Netherlands
2026 Vitalist Bay, Berkeley, USA
2026 RISE Venture Salon, Lansersee, Austria
2026 NADIS Symposium, Oslo. Norway
2026 Academy of Geroscience meeting, Miami, USA
2026 Geromedicine Conference, National University of Singapore, Singapore
2026 The Ageing Kidney, Aalborg University Hospital, Denmark
2025 Biology of Aging PhD course, University of Oslo, Norway
2025 Longevity Summit Mauritius, Mauritius
2025 Nordic Aging Society meeting (organizer), Reykjavik, Iceland
2025 ERS, Amsterdam, Netherlands
2025 Danish Diabetes and Endocrinology Academy, Odense, Denmark
2025 3rd Baltic Longevity Meeting, Riga, Latvia
2025 Organizer of the 12th *Aging Research and Drug Discovery* meeting (www.agingpharma.org)
2025 14th International Frailty and Sarcopenia Conference, Toulouse, France
2025 Global Conference on Gerophysics, Singapore
2024 German Association for Aging Research, IMG Mainz, Germany
2024 Organizer of the 11th *Aging Research and Drug Discovery* meeting (www.agingpharma.org)

		Name all entities with whom you have this relationship or indicate none (add rows as needed)	Specifications/Comments (e.g., if payments were made to you or to your institution)
		2024 Bronchitis XI, Groningen, Netherlands 2024 Longevity Summit Dublin, Dublin, Ireland 2024 Longevity Baltics, Riga, Latvia 2024 Systems Biology of Aging, Gordon Research Conference, Barcelona, Spain 2024 *The Longevity Molecule*, DeSci Nordics 2024 *Targeting Aging*, Danish Cardiovascular Academy, Oslo 2023 *Data Driven Interventions in Human Aging, EARD conference,* NYC, USA 2023 Organizer of the 10th *Aging Research and Drug Discovery* meeting (www.agingpharma.org) 2023 *Targeting Human Aging, GRS conference,* Barcelona, Spain 2023 *Targeting Human Aging,* Zuzalu, Montenegro 2023 *Phenome clustering of genetic diseases,* MENA conference, Dubai, UAE 2023 *Targeting Aging,* ERIBA, Groningen, Netherlands	
8	Patents planned, issued or pending	☐ **None**	
		Senescence prediction algorithm, provisional US patent #63/497,273	Personal
9	Participation on a Data Safety Monitoring Board or Advisory Board	☒ **None**	
10	Leadership or fiduciary role in other board, society, committee or advocacy group, paid or unpaid	☐ **None**	
		Nordic Aging Society	Unpaid
		Deep Longevity	Stock ownership
		BOLD Longevity Growth	Paid
		Longevity Vision Fund	Paid
11	Stock or stock options	☐ **None**	
		Deep Longevity	
12	Receipt of equipment, materials, drugs, medical writing, gifts or other services	☐ **None**	
13	Other financial or non-financial interests	☒ **None**	

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