752 VIDENSKAB Ugeskr Læger 176/8 14. april 2014



Patient education after stoma creation may reduce health-care costs

Anne Kjærgaard Danielsen & Jacob Rosenberg

INTRODUCTION

Researchers are urged to include health-economic assessments when exploring the benefits and drawbacks of a new treatment. The aim of the study was to assess the costs associated with the establishment of a new patient education programme for patients with a stoma.

MATERIAL AND METHODS

Following a previous case-control study that explored the effect of patient education for stoma patients, we set out to examine the costs related to such a patient education programme. The primary outcome was disease-specific health-related quality of life measured with the Ostomy Adjustment Scale six months after surgery. The secondary outcome was generic health-related quality of life measured with Short Form (SF)-36. In this secondary analysis, we calculated direct health-care costs for the first six months post-operatively from the perspective of the health-care system, including costs related to the hospital as well as primary health care.

RESULTS

The overall cost related to establishing a patient education programme showed no significant increase in the overall average costs. However, we found a significant reduction in costs related to unplanned readmissions (p=0.01) as well as a reduction in visits to the general practitioner (p=0.05).

CONCLUSION

Establishing a patient education programme — which increased quality of life — will probably not increase the overall costs associated with the patient course.

FUNDING

The study received financial support from Søster Inge Marie Dahlgaards Fond, Diakonissestiftelsen, Denmark, and from Aase and Ejnar Danielsens Foundation, Denmark.

TRIAL REGISTRATION

NCT01154725.

CORRESPONDENCE: Anne Kjærgaard Danielsen. E-mail: anne.k.danielsen@gmail.com
CONFLICTS OF INTEREST: Disclosure forms provided by the authors are available with the full text
of this article at www.danmedi.dk

REFERENCE: Dan Med J 2014;61(4):A4659

FROM: Centre for Perioperative Optimization, Department of Surgery, Herlev Hospital

Samtalen med patienten

Kommunikation og forståelse



Alle læger kan kommunikere med deres patienter – og alle kan blive bedre! Bedre kommunikation betyder større patienttilfredshed og bedre behandlingsresultater.

Bogen er en indførelse i kommunikationens grundbegreber og kommunikationsteknik. Grundlaget er den enkle »Three Function Model«:

- Lægen skal skabe et godt forhold ved at møde patienten med en ubetinget positiv indstilling, med indføling og med respekt. Et godt forhold er forudsætningen for patientens fortrolighed
- Lægen skal indsamle de oplysninger, der er nødvendige for at forstå patienten og for at stille en diagnose.
- Lægen skal forklare problemet og sammen med patienten finde en løsning. Kommunikation er redskabet.

Carl Erik Mabeck 216 sider – Pris: 275 kr. inkl. moms Køb bogen hos boghandleren