Good experiences with an audience response system used in medical education

Jacob Vad Jensen¹, Doris Østergaard² & Anne-Kathrine Hove Faxholt³

ABSTRACT

INTRODUCTION: Audience response systems (ARS) are increasingly being used to heighten participants' involvement. Knowledge of technical and pedagogical challenges is, however, limited. The purpose of this paper is to evaluate ARS as a tool for 1) evaluation, 2) knowledge testing, 3) attention raising and 4) discussion stimulation. **MATERIAL AND METHODS:** ARS was used 33 times at four

different courses. Data include voting results, observations, questionnaires and interviews.

RESULTS: A total of 215 participants and 12 teachers were included. The majority of the participants found ARS suitable for course evaluation. The teachers found it useful for obtaining the results immediately and thereby for receiving feedback on their own teaching. The participants and the teachers found ARS suitable for knowledge testing. ARS was used as an instrument to increase activity and attention. The system was found to increase the level of concentration and the interactivity. ARS was used to initiate discussions. The participants found that the questions could be a good starting point for discussion. The teachers found it challenging to comment on answers. Our experiences are that thorough planning and preparation is needed for the successful implementation of ARS.

CONCLUSION: Our experiences indicate that ARS is suitable for course evaluation. Overall, we find ARS a valuable technology that may stimulate discussion and support learning, but teachers need to be technically and pedagogically well prepared to use the tool. The use of ARS does not in itself entail that the quality of the teaching increases.

Audience response systems (ARS), also known as "clickers", are used to heighten participants' active involvement in educational activities such as lectures [1-7]. Each participant is provided with a personal handheld voting unit and can answer questions with a wireless "click". Questions are presented as part of a Power-Point presentation and data from the audience are collected by a central unit [3, 4]. The hypothesis is that ARS creates an interactive learning environment that heightens attention and thereby improves the learning opportunity [1, 2, 4-14]. A recent overview [4] indicates that ARS can increase participants' activity and attention. The voting system can generate results immediately after the answer is given. Hence, both participants and teachers are given useful feedback during that may be used during as well as after the session. ARS has a positive effect on the short-term memory, while any effect on long-term memory is insufficiently documented [4, 12, 13, 15-18].

ARS is often used internationally, but – to the best of our knowledge – it has not yet been implemented in Danish training programs. Knowledge of the technical and pedagogical challenges is limited [17-20]. Firstly, the purpose of this paper was to evaluate the use of the ARS voting system's possibilities as a tool 1) for course evaluation 2) for testing the learner's knowledge, 3) for increasing activity and attention and 4) for stimulating discussion. Secondly, the purpose was to evaluate the technical and pedagogical challenges and to provide practice recommendations for faculty.

MATERIAL AND METHODS

In an ARS session, a computer connected to a projector and a signal receiver is used. All participants are supplied with a voting unit which costs about 40 euros. The ARS programme collects votes during the lecture and the software automatically saves all data. Voting questions are designed in PowerPoint using the Turning Point software. The voting function may be adjusted according to the aim of the questions. Voting answers may be dis-

CLICK

ORIGINAL ARTICLE

 Anaesthesiological Department,
Roskilde Hospital,
The Danish Institute for Medical Simulation,
Herlev Hospital, and
Emergency
Department,
Køge Hospital

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In what situation would you call the medical emergency team? 20% 1.RESPIRATORY RATE <8 or > 30 20% 2.SATURATION < 90 % (giving oxygen) 20% 3.SYSTOLIC BP < 90 0% 4. Pulse < 40 or > 130 0% 5. Urine output < 50ml (last 4 hours) 40% 6.In all the above situations

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Graphic illustration of a voting session.
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played immediately as a graph or kept hidden from the participants.

At the Danish Institute for Medical Simulation several courses for different types of learners are conducted. Four different courses were selected to evaluate the voting system's possibilities. ARS was presented to course directors and teachers who agreed to use the ARS for one of their specified purposes. All questions were developed, pilot-tested for understanding and adjusted as needed by the course directors and the teachers in collaboration with the research group. Only few of the teachers had previous experience with ARS. All teachers were introduced to its use via written introductions and/or practical training. A brief manual and a checklist for the set up were developed.

The first author of the paper participated in the first courses and was able to assist and to provide support. Notes were taken during these sessions describing the difficulties observed. Feedback from teachers was obtained by the use of questionnaires or semi-structured interviews which were conducted by the first author of the present paper. The interviews were taped and transcribed.

1. Audience response system used for course evaluation

ARS was introduced as a tool for course evaluation at courses in resuscitation for medical students. The final presentation contained 16 questions that were related to the contents of the course and four questions about the use of ARS. All participants had the possibility of providing written comments. A questionnaire was developed to obtain feedback from teachers.

2. Audience response system used to evaluate knowledge and to make a summary

ARS was used at the end of sessions on courses directed

at medical emergency teams. A knowledge test and a summary presentation consisting of nine multiple-choice questions were conceived. The first question was about the profession (doctor or nurse) and was included to introduce the participants to ARS. Also, the initial question allowed the answers to the remaining questions to be related to the respondents' professions. When all votes were collected, the correct answer was indicated using a "smiley" and thereby the participants received immediate test feedback. Interviews were conducted with teachers after the courses.

3. Audience response system as a discussion incentive

ARS was used to initiate discussions at a communication course in the education programme for anaesthesiologists. Cases describing the critically ill intensive care patient, situations with end-of-life decisions and the preparation of/discussions with relatives were included. In this context, ARS was to stimulate good discussions. A total of 13 ARS questions were developed with a view to illustrating the attitude of course participants and presented at the beginning and at the end of the case session. After the course the teacher provided written comments about ARS. Subsequently, an interview was conducted.

4. Audience response system as a tool to raise activity and attention

ARS was evaluated on an international one-day course in patient safety that comprised lectures given to anaesthesiologists. Initially, questions referring to the participants' knowledge were asked. During the lectures, questions addressed participants' attitudes towards patient safety and patient safety culture. The answers were immediately presented to the audience and commented on by the teacher who could adjust subsequent presen-

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An overview of the courses, number of participants and teachers, number of questions and data available for analysis.

Purpose of the course	Courses (ARS data available), n	Participants (average per session), n	Teachers (involved in evaluation), n	ARS questions in total, n	Evaluation questions, n	Type of data for analysis
ARS used for course evaluation	20 (14)	141 (10)	9 (8)	16	4	ARS voting data Written comment (participants) Questionnaires (teachers) Observations (by author)
ARS used to evaluate knowledge and to make a summary	6 (5)	32 (6)	5 (2)	12	3	ARS voting data Interview (teachers)
ARS as a discussion incentive	6 (3)	21 (7)	2 (1)	13	3	ARS voting data Written comments (teacher) Interview (teacher)
ARS used to increase activity and attention	1 (1)	21 (21)	3 (1)	31	3	ARS voting data Interview (teacher) Observations (by author)
RS = audience response system.						

tations accordingly. At the end of the session, course participants rated the usefulness of the system. An interview was conducted with the Danish teacher.

Danish law exempts this type of research from ethical board approval. The voting result had no influence or negative consequence for any participant.

Data analysis

Our data included voting results from all questions asked during sessions as well as evaluation questions regarding the use of ARS. The teachers' experience with ARS was collected using either questionnaires or semi-structured interviews. The notes describing the difficulties observed in the first courses were also included. Based on these two sources of information, data were divided into comments about personal, technological and pedagogical challenges.

RESULTS

ARS was used on 33 courses by 215 participants and evaluated by 12 teachers. **Table 1** shows the number of courses, course participants and teachers, the number of questions and how data were collected. **Table 2** shows the results of the participants' evaluation of the system. A summary of the personal, technical and pedagogical challenges and positive aspects is provided in **Table 3**.

We planned to use ARS for evaluation in 20 resuscitation courses. Due to technical problems during the session (n = 4) or in the saving procedure (n = 2), data from six courses were unavailable. The participants found that the "clickers" were easy to use and that questions were understandable. More than 90% found ARS suitable for course evaluation. Only 11% would have liked to give further written comments. All the teachers found that ARS was a useful tool for evaluation and viewed the possibility of future use of ARS positively. Some teachers found that the setup of ARS was technically challenging and would have preferred better written instructions. More than half of the teachers found it useful to obtain the results immediately and thereby receive feedback on their teaching.

ARS was used for knowledge testing and to summarize at the end of six emergency team courses, but data was saved incorrectly in one of these. Approximately 95% of the participants found that the questions were easy to understand. All appreciated that the right answer was indicated and they found that ARS was suitable for a short knowledge test at the end of the course. One interview was conducted with the two teachers, who both found ARS for post-testing interesting. However, they indicated that some of the questions should be improved. The ARS system was used as a tool to initiate discussion and 67% of the participants found the questions to be a good starting point for discussion about communication and ethics. In small groups residents ascribed

TABLE 2

The results of course participants' evaluation of the audience response system.

Question ARS used for course evaluation (n = 141)	Response category: %
Technical problems with the use of ARS?	Many: 4 Few and small: 38 None: 58
Were the ARS questions easy to understand?	Very difficult: 3 Difficult: 4 Easy: 26 Very easy: 67
What do you think of ARS for evaluation?	Useless: 1 Poorly suitable: 6 Suitable: 26 Very suitable: 67
Would you have added anything if it had been a written evaluation?	Yes: 11 I do not know: 14 No: 75
ARS used to evaluate knowledge and to make a summary ($n = 32$)	
Were the questions easy to understand?	Very difficult: 6 Difficult: 0 Easy: 25 Very easy: 69
What do you think about the correct answer being shown in the test?	Poorly: 0 Less good: 0 Good: 48 Very good: 52
What do you think of ARS used to evaluate knowledge?	Useless: 0 Poorly suitable: 9 Suitable: 53 Very suitable: 38
ARS as an incentive to discussion $(n = 21)$	
The questions provided a good basis for discussion	Strongly disagree: 5 Disagree: 28 Agree: 43 Strongly agree: 24
It was important that I could answer anonymously	Strongly disagree: 29 Disagree: 57 Agree: 9 Strongly agree: 5
ARS is a useful tool to start a relevant discussion	Strongly disagree: 0 Disagree: 14 Agree: 67 Strongly agree: 19
ARS used to increase activity and attention $(n = 21)$	
The use of the voting system increased my level of concentration	Disagree: 0 Neutral: 9 Agree: 48 Strongly agree: 43
The use of the voting system made me interactive in a relevant way	Disagree: 5 Neutral: 14 Agree: 57 Strongly agree: 24
It was important that I could answer anonymously compared to putting my hand up or speaking up	Strongly disagree: 10 Disagree: 0 Neutral: 24 Agree: 38 Strongly agree: 28

ARS = audience response system.

less importance to anonymous than to non-anonymous voting. Overall, 86% of the participants agreed that ARS was a suitable tool in discussions. The teachers found that questions should have been more elaborate and it was difficult to start using ARS for discussions.

At the course where the ARS system was used as an instrument to increase activity and attention, more than 90% of the participants found that the system increased the level of concentration and interactivity. Around 65% indicated that it was important to be able to answer the questions anonymously. The teachers found ARS very useful in engaging participants at the beginning of the course. The voting system was helpful in finding out about the participants' attitude towards the topic. The teachers, however, found it challenging to comment answers immediately after their on-screen presentation. Furthermore, they also found it difficult to adjust their teaching content accordingly.

DISCUSSION

Overall, our experiences with ARS as a tool for evaluating a course, for testing knowledge or increasing attention were positive. Participants found the system very useful and the teachers described the system as stimulating, but also challenging.

Our overall experience is that ARS is robust, especially when used for evaluation. Most of our data are related to this function. The experiences with ARS as a tool for evaluating knowledge and as an incentive to stimulate discussion and increase attention are based on a small sample as the number of teachers and participants in our study was limited. Hence, we may have overlooked some important challenges or positive experiences.

The results indicate that ARS is a suitable tool for electronic course evaluation. Overall it is stable and easy to use and administration costs are low compared with written evaluations. Some of the teachers, however, experienced technical problems and data were lost. In the software version we used a data saving procedure with two almost similar icons. Respondents could therefore have misunderstood which icon actually saved their data correctly. Our results indicate a need for more practical training in the use of ARS.

Teachers can receive useful feedback immediately after the session, which makes it possible to discuss any

TABLE

Summary of our experience based on interviews, questionnaires and observations.

	ARS as a tool					
	for structuring evaluation	for testing and summarizing	for facilitating discussions	for increasing activity and attention		
Challenges in the use of ARS						
Personal	An oral evaluation is often more detailed and provides improvement suggestions	It is stressful that data can be erased and lost Time-consuming if many wrong answers have to be corrected	Requires careful preparation of questions Good experience with ARS is necessary for ARS to be used in a lecture	It takes more time to plan a teaching session It takes time to set up and test ARS before teaching		
Technical	If the system does not work, evaluation is not possible You can press the wrong button without noticing it	Operational reliability insufficient for examination purposes It can be easy to cheat	Difficult to show an earlier voting result It requires great technical knowledge to integrate voting into teaching	Many response categories makes it confusing and time consuming to get everyone's response Expensive for large groups		
Pedagogical	The quality of the answers depends on the questions A written comment is not possible	Participants cannot respond at their own pace Previous answers cannot be changed	Commenting on spontaneous voting is difficult	Too many questions causes par- ticipants to become inattentive It is possible to respond without re- flecting on the question posed		
Positive aspects of using ARS						
Personal	Direct feedback to the teacher, no delay The results appears clear and easy to understand	Immediate feedback Fun to use Time-saving	In small groups anonymity is a disadvantage, but in large groups an advantage Nobody makes a fool of him or herself by providing a wrong answer	With ARS the lecture becomes interactive and teaching becomes more fun and motivating		
Technical	Data collection is quick and administration is inexpensive Participants affect each other less than in other evaluation types	Quality assurance Everyone must answer the question before the next appears, this gives the complete dataset	When the programming is done, it is easy to use Voting data are available after teaching	Well-suited for large groups Voting is quick even in large groups The result is easy to see for all participants		
Pedagogical	Evaluation after each lesson rather than at the end of the day provides a potential for detailed response	Participants receive immediate feedback on their answers Key points highlighted	A well-prepared voting session gives rise to a good discussion Interesting for the students to see that their opinions differ	Participants are active, attention levels high All participants focus on the presentation		

ARS = audience response system.

need for changes. We speculated whether the missing opportunity for written comments was important for participants. The participants therefore had the possibility of writing comments on paper. Only a few used this opportunity. This may be due to the fact that this course had been running for more than a year and hence had improved over time. There might be other situations in which the ability to provide written comments would be appreciated by both participants and teachers, e.g. new courses, where contents were more related to attitude or by the introduction of new educational methods exposing the participants more, such as simulation.

The use of ARS for knowledge testing was positively evaluated both by participants and teachers. In our study, we included a few evaluation slides after the post test. We recommend keeping the total number of questions at a reasonable number as a large number of questions may influence the motivation to answer. Anonymous voting involves no risk for participants and they may therefore choose to vote without reflecting on the questions posed if they feel that the questions take too long to answer.

When ARS is more integrated in the course and used as a discussion stimulation tool, its application is more challenging. About a third of the participants did not find that the questions were a good starting point for discussion about communication and ethics although they found that ARS was a useful tool to start a discussion in general. One might speculate whether the prepared questions were insufficiently tested and thus supported learning objectives inadequately. When ARS is used as a discussion stimulation tool, the teacher must use participants' answers as a starting point for the discussion. The teacher needs to be prepared to use the participants' responses immediately after the results are shown on screen. Likewise, the design of relevant questions is essential and the objective of the questions as well as the context in which they appear must be wellplanned. Our findings are in agreement with previous findings [3, 6, 7, 18-20]. We experienced that the teacher found it challenging that the sequence of the questions was pre-defined and therefore could not be changed spontaneously.

Overall, presentations are vulnerable to technical problems and a technical error can stop a voting session. The presentation should be pre-tested to minimize errors. It is essential to prepare the teacher in the use of ARS to achieve the full pedagogical benefit. It may be necessary to strengthen the teacher's competences, offer technical assistance and instructions for use.

The introduction of a voting tool does not automatically entail an improvement in the quality of teaching. The teaching method should be in focus and careful preparation and educational planning is necessary [1, 4,

TABLE 4

Main recommendations for implementation of the audience response system.

Preparation (phase 1)					
A task group must be defined consisting of teachers, technicians and administrative personnel					
Early planning of meeting days and deadlines					
Task group decides how ARS is used most appropriately					
It is decided how data should be analyzed					
Start-up (phase 2)					
Installation of ARS hardware and software on all PCs					
The system is tested and adjusted to the agreed standard					
Training of "expert users"					
Instructions for technical setup and programming is made					
Preparation of ARS presentation templates					
Instruction (phase 3)					
Introduction to staff about the possibilities with ARS					
The teachers receive ARS training					
The teachers plan how they will use ARS					
Preparation of presentations is done in collaboration between the teacher and "expert user"					
Testing of the presentation with technical feedback					
Implementation (phase 4)					
It is recommended that ARS at first be used for evaluations					
ARS templates and guides must be available					
A technician must be available to help with the setup					
First time a teacher shall use ARS the session should be supervised by an expert user					
Guidance on the educational principles is important.					
Follow-up (phase 5)					
Status meeting: What have we achieved and how do we proceed					
Follow-up training in more advanced features					
At this stage it is realistic to use ARS during for teaching					
The directors can now impose the use of ARS					
ARS = audience response system.					

15-20]. In order to use the system optimally, it is important for the teacher to anticipate how to respond to any given voting result. The opportunity for immediate feedback from all course participants is unique [1, 3, 18-20]. However, teachers find it challenging to immediately comment on voting results and then relate them to learning objectives. Our study indicated that thorough preparation and experience with ARS in various contexts facilitate the teacher's optimal use of the voting tool. This finding is consistent with findings reported by other studies [1, 2, 4, 9, 12, 14-18].

We experienced that using a voting system comprises a combined technical and pedagogical challenge. In order to ensure teaching quality, an implementation is necessary. Based on our initial experiences, a strategy for implementation of the ARS system in our institution was developed. **Table 4** presents the main recommendations.

Overall, we find that ARS is a valuable technology with predominantly positive elements. The technology holds the potential to support learning, but teachers need to be technically and pedagogically well prepared to use the tool. **CORRESPONDENCE**: Jacob Vad Jensen, The Danish Institute for Medical Simulation, Herlev Hospital, Herlev Ringvej 75, 2730 Herlev, Denmark. E-mail: Jacobvad@gmail.com

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