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Date: 12. januar 2026

Your name: Anne Marie Beck

Manuscript title: Ernæring i forebyggelse og behandling af skrøbelighed hos ældre

Manuscript number (if known):

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Time frame: Since the initial planning of the work			
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3	Royalties or licenses	☒ **None**	

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5	Payment or honoraria for lectures, presentations, speakers bureaus, manuscript writing or educational events	☒ **None**	
6	Payment for expert testimony	☒ **None**	
7	Support for attending meetings and/or travel	☒ **None**	
8	Patents planned, issued or pending	☒ **None**	
9	Participation on a Data Safety Monitoring Board or Advisory Board	☒ **None**	
10	Leadership or fiduciary role in other board, society, committee or advocacy group, paid or unpaid	☒ **None**	
11	Stock or stock options	☒ **None**	
12	Receipt of equipment, materials, drugs, medical writing, gifts or other services	☒ **None**	
13	Other financial or non-financial interests	☒ **None**	

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Date: 14. januar 2026

Your name: Dennis S. Nielsen

Manuscript title: Ernæring i forebyggelse og behandling af skrøbelighed (frailty) hos ældre

Manuscript number (if known):

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Time frame: past 36 months

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3	Royalties or licenses	☒ **None**	

4	Consulting fees	☒ **None**	
5	Payment or honoraria for lectures, presentations, speakers bureaus, manuscript writing or educational events	☒ **None**	
6	Payment for expert testimony	☒ **None**	
7	Support for attending meetings and/or travel	☒ **None**	
8	Patents planned, issued or pending	☒ **None**	
9	Participation on a Data Safety Monitoring Board or Advisory Board	☒ **None**	
10	Leadership or fiduciary role in other board, society, committee or advocacy group, paid or unpaid	☒ **None**	
11	Stock or stock options	☒ **None**	
12	Receipt of equipment, materials, drugs, medical writing, gifts or other services	☒ **None**	
13	Other financial or non-financial interests	☒ **None**	

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Date: 14. januar 2026

Your name: Henrik Højgaard Rasmussen

Manuscript title: Ernæring i forebyggelse og behandling af skrøbelighed (frailty) hos ældre

Manuscript number (if known): NA

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3	Royalties or licenses	☒ **None**	

4	Consulting fees	☒ **None**	
5	Payment or honoraria for lectures, presentations, speakers bureaus, manuscript writing or educational events	☐ **None**	
		Honorario for lectures from Nutricia and Fresenius Kabi	
6	Payment for expert testimony	☒ **None**	
7	Support for attending meetings and/or travel	☒ **None**	
8	Patents planned, issued or pending	☒ **None**	
9	Participation on a Data Safety Monitoring Board or Advisory Board	☒ **None**	
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11	Stock or stock options	☒ **None**	
12	Receipt of equipment, materials, drugs, medical writing, gifts or other services	☒ **None**	
13	Other financial or non-financial interests	☒ **None**	

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Date: 14. januar 2026

Your name: Inge Tetens

Manuscript title: Ernæring i forebyggelse og behandling af skrøbelighed (frailty) hos ældre

Manuscript number (if known):

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Time frame: past 36 months

2	Grants or contracts from any entity (if not indicated in item #1 above).	☐ **None**	
		Innovation Fund DK	Grant for research project: RENEW (Valorization of dairy sidestreams to fight calcium deficits in postmenopausal women).
		Innovation Fund DK	Grant for industrial PhD: HEAT (A scientific approach to Healthy and Environmental Assessment of diet

			Transition – Creation of sustainable dietary solutions for Europe)
		Arla Food for Health	Grant for research project: DIDOF (Quantifying the Health Impact of the Substitution of and Interaction between Dietary Intake of Dairy and Other Food Groups)
		Fond for Plant-based Foods, Ministry for foods, Agriculture and Fishery	Grant for research project: NutriProc (Nutrition Optimization of processed plant-based foods)
		Novo Nordic Foundation / Heart Association	Grants for research projects: PlanetHealthDiet and PlanetHealthDiet+ (Sustainable diets and cardiometabolic health: a multiomics approach in a new Randomized Controlled Trial)

3	Royalties or licenses	☒ **None**	

4	Consulting fees	☒ **None**	

5	Payment or honoraria for lectures, presentations, speakers bureaus, manuscript writing or educational events	☒ **None**	

6	Payment for expert testimony	☒ **None**	

7	Support for attending meetings and/or travel	☒ **None**	

8	Patents planned, issued or pending	☒ **None**	

9	Participation on a Data Safety Monitoring Board or Advisory Board	☒ **None**	

10	Leadership or fiduciary role in other board, society, committee or advocacy group, paid or unpaid	☒ **None**	

11	Stock or stock options	☒ **None**	

12	Receipt of equipment, materials, drugs, medical	☒ **None**	

	writing, gifts or other services		

13	Other financial or non-financial interests	☐ **None**	
		Member of the Danish knowledge council for prevention	Receiver of a monthly honorarium for contributing to the work of the Council

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Date: 14. januar 2026

Your name: Mette Holst

Manuscript title: Ernæring i forebyggelse og behandling af skrøbelighed (frailty) hos ældre

Manuscript number (if known):

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6	Payment for expert testimony	☒ **None**	
7	Support for attending meetings and/or travel	☒ **None**	
8	Patents planned, issued or pending	☒ **None**	
9	Participation on a Data Safety Monitoring Board or Advisory Board	☒ **None**	
10	Leadership or fiduciary role in other board, society, committee or advocacy group, paid or unpaid	☒ **None**	
11	Stock or stock options	☒ **None**	
12	Receipt of equipment, materials, drugs, medical writing, gifts or other services	☒ **None**	
13	Other financial or non-financial interests	☒ **None**	

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Date: 12. januar 2026

Your name: Randi Tobberup

Manuscript title: Ernæring i forebyggelse og behandling af skrøbelighed (frailty) hos ældre

Manuscript number (if known):

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3	Royalties or licenses	☒ **None**	

4	Consulting fees	☒ **None**	

5	Payment or honoraria for lectures, presentations, speakers bureaus, manuscript writing or educational events	☐ **None**	
		Nutricia	Honoraria for lectures
		Fresenius Kabi	Honoraria for lectures
		Nestle Health Science	Honoraria for lectures and manuscript writing
		Arla	Honoraria for presentation

6	Payment for expert testimony	☒ **None**	

7	Support for attending meetings and/or travel	☐ **None**	
		Nutricia	Funded expenses related to European Nutrition Congress

8	Patents planned, issued or pending	☒ **None**	

9	Participation on a Data Safety Monitoring Board or Advisory Board	☒ **None**	

10	Leadership or fiduciary role in other board, society, committee or advocacy group, paid or unpaid	☐ **None**	
		FaKD	Boardmember
		DSKE	Boardmember

11	Stock or stock options	☒ **None**	

12	Receipt of equipment, materials, drugs, medical writing, gifts or other services	☒ **None**	

13	Other financial or non-financial interests	☒ **None**	

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